

# OHIO PHYSICIANS HEALTH PROGRAM NEWS

To facilitate the health and wellness of healthcare professionals in order to enhance patient safety.

## FEATURE ARTICLE: OPHP Welcomes New Medical Director



David D. Goldberg, D.O. is now serving as the Medical Director of the Ohio Physicians Health Program.

Dr. Goldberg has been actively involved with the organization since 1996. He is Board Certified in Addiction Medicine and Family Practice Medicine. He is a member of the American Society of Addiction Medicine and has over 20 years of experience in addiction medicine.

Dr. Goldberg is a member of the American Osteopathic Association and the Ohio Osteopathic Association. He has served as an Ohio Osteopathic representative to the Ohio Coalition of Primary Care Physicians and as an Ohio Osteopathic representative at the Ohio State Medical Association Taskforce on Healthcare Reform. Dr. Goldberg has served on the Quality of Care Advisory Committee of the Ohio Department of Health.

With the leadership of Dr. Goldberg, Board of Trustees, and staff, OPHP will continue its mission to *“facilitate the health and wellness of healthcare professionals in order to enhance patient safety”*.



A Certificate of Appreciation was presented to **Miami Valley Hospital** for the hospital and medical staff’s generous support of OPHP in 2010. James Murphy, M.D., Chief of Staff-Elect, Mary Boosalis, Immediate Past President and CEO, and Christopher Croom, M.D., Chief of Staff accepted the certificate.

## UPDATE: OPHP SERVICES:

- Providing intervention assistance, evaluation and treatment referral, recovery documentation, support, and advocacy.
- Consulting resource to physicians, healthcare professionals, and hospitals in Ohio regarding the guidelines set forth by the State Medical Board of Ohio’s “One-Bite Rule”.
- Confidential resource for issues impacting physicians’ lives, including drug and alcohol addiction, disruptive behavior, professional boundary issues, and other issues impacting their health and well-being.
- Presenting educational lectures to hospitals, medical staffs, and associations across Ohio. These lectures provide information on substance use disorders, physician health, Ohio’s “One-Bite” Rule, and services available through OPHP.

OPHP is a not-for-profit organization that has been helping Ohio’s physicians since 1973. OPHP supports the health of medical professionals who are then better able to deliver consistent, high quality care, thereby improving the safety of all Ohio’s citizens.

To make a referral or to receive additional information regarding services available through OPHP, please visit [www.ophp.org](http://www.ophp.org) or call (614) 841-9690.

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# Physician Substance Abuse Training 'Inadequate,' Experts Say

January 18, 2011



# HEALTH

## News Summary

According to educators at Yale School of Medicine and other U.S. medical schools, doctors-to-be require a lot more training to address substance abuse than they currently receive, HealthCanal.com reported Jan. 6. Substance use disorders are at the root of a staggering array of medical, behavioral, and social problems, said the authors. In the U.S. alone, drug and alcohol abuse caused more than 100,000 deaths and cost the country more than \$300 billion annually.

"Despite the fact that the substance use is responsible for an enormous burden of disease in their patients, and evidence-based screening approaches have been developed, physicians often fail to identify and treat substance abuse routinely," said Patrick O'Connor, M.D., chief of the Section of General Internal Medicine at Yale and lead author of the paper.

"This may result not only in ongoing substance use and its complications, but also in inadequate treatment of the medical conditions for which their patients are being seen."

O'Connor and his colleagues made the following recommendations to address the training deficit:

- raise the priority for substance abuse education (give it the same importance as training for other chronic diseases);
- enhance faculty development (accrediting organizations should require faculty expertise in addiction medicine);
- provide organizational infrastructure (put specific faculty and departments in charge of substance abuse education -- preferably, a multidisciplinary team);
- integrate core competencies into resident training (epidemiology, screening, assessment, intervention, and pharmacological management); and
- make substance abuse screening and management routine in primary care.

"Creating an educational environment that fully integrates and adequately prioritizes substance abuse competencies into residency education, as well as in medical school itself, is critical to assuring that physicians are armed with the tools to provide adequate evidence-based care to their patients," he said.

"Programs ... must take responsibility for assuring that trainees have adequate curricular time and resources along with suitably trained core faculty to support this critical educational effort."

*The article was published in the Jan. 4 issue of Annals of Internal Medicine.*

## OFFICERS

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Bruce A. Wall, M.D., MMM

George T. Harding, IV, M.D. (Emeritus)

# T O D A Y

## EDUCATIONAL PROGRAMS

<b>April 14-17, 2011</b>	American Society of Addiction Medicine Annual Meeting <b>Washington, DC</b>
<b>April 26-29, 2011</b>	Federation of State Physician Health Programs Annual Meeting <b>Seattle, Washington</b>
<b>April 29, 2011</b>	Federation of State Medical Boards Annual Meeting <b>Seattle, Washington</b>
<b>May, 2011</b>	Health for the Healer Workshop <b>Birmingham, Alabama</b>
<b>May 3-6, 2011 &amp; December 6-9, 2011</b>	Case Western Reserve University: Controlled Substance Management <b>Cleveland, Ohio</b>
<b>June 2-3, 2011 &amp; November 3-4, 2011</b>	Case Western Reserve University: Medical Record Keeping <b>Cleveland, Ohio</b>
<b>June 15-17, August 24-26, October 26-28, December 14-16</b>	Vanderbilt Center for Professional Health: Maintaining Proper Boundaries <b>Nashville, TN</b>
<b>August 3-5, September 14-16, November 16-18</b>	Vanderbilt Center for Professional Health: Prescribing Controlled Drugs <b>Nashville, TN</b>
<b>August 3-7, 2011</b>	International Doctors in Alcoholics Anonymous Annual Meeting <b>Tucson, Arizona</b>
<b>September 1-2, 2011</b>	Case Western Reserve University: Medical Ethics, Boundaries and Professionalism <b>Cleveland, Ohio</b>
<b>October, 2011</b>	Health for the Healer Workshop <b>Birmingham, Alabama</b>
<b>October 5-7</b>	Vanderbilt Center for Professional Health: Program for Distressed Physicians <b>Nashville, TN</b>
<b>October 12-15, 2011</b>	California Society of Addiction Medicine Conference <b>Long Beach, California</b>
<b>October 27-30, 2011</b>	Institute on Psychiatric Services Meeting <b>San Francisco, California</b>
<b>November 16-18, 2011</b>	Case Western Reserve University: Managing Difficult Communications in Medical Practice <b>Cleveland, Ohio</b>

# HOSPITALS

## **KEYSTONE SOCIETY (\$5,000 - \$9,999)**

- Cincinnati Children's Hospital Medical Center Medical Staff
- Good Samaritan Hospital Dayton Medical Staff
- MetroHealth Medical Center and Medical Staff
- Miami Valley Hospital Medical Staff
- Miami Valley Hospital

## **Tower Society (\$1,000 - \$4,999)**

- Adena Regional Medical Center Medical Staff
- Adena Regional Medical Center
- Blanchard Valley Regional Health Center Medical Staff
- Clinton Memorial Hospital Medical Staff
- Deaconess Hospital Medical Staff
- Fairfield Medical Center Medical Staff
- Flower Hospital Medical Staff
- Glenbeigh Hospital of Rock Creek
- Grady Memorial Hospital Medical Staff
- Licking Memorial Hospital Medical Staff
- Licking Memorial Hospital
- MedCentral Health System and Medical Staff
- Memorial Health System Marietta
- Nationwide Children's Hospital Medical Staff
- The Ohio State University Medical Center Medical Staff
- Parma Community General Hospital Medical Executive Staff
- St. Luke's Hospital Medical Staff
- St. Luke's Hospital
- University Hospitals Bedford Medical Center Medical Staff

## **Pillar Society (\$500 - \$999)**

- Christ Hospital Medical Staff
- Christ Hospital
- Lake Hospital System Medical Staff
- Lake Hospital System
- Lima Memorial Hospital Medical Staff
- McCullough-Hyde Memorial Hospital Medical Staff
- Mercer County Joint Township Community Hospital Medical Staff
- Samaritan Regional Health System Medical Staff
- Samaritan Regional Health System
- Southern Ohio Medical Center Medical Staff
- Southern Ohio Medical Center
- St. John West Shore Hospital Medical Staff
- James P. Reber, St. Rita's Medical Center
- Upper Valley Medical Center Medical Staff
- Upper Valley Medical Center



*St. Luke's Hospital's President and CEO Dan Wakeman, and Chief of Staff Robert C. Friess, M.D. accept a Certificate of Appreciation for the hospital and medical staff's support of the Ohio Physicians Health Program in 2010.*

## **Cornerstone Society (\$200 - \$499)**

- Bellevue Hospital Medical Staff
- Bellevue Hospital
- Fisher-Titus Medical Center Medical Staff
- Fisher-Titus Medical Center
- Grace Hospital Medical Staff
- Joel Pomerene Memorial Hospital Medical Staff
- Joel Pomerene Memorial Hospital
- Toledo Hospital Medical Staff
- Toledo Children's Hospital Medical Staff
- Wyandot County Medical Society
- Wyandot Memorial Hospital

## **Founders Society (\$25 - \$199)**

- Dunlap Memorial Hospital Medical Staff
- Dunlap Memorial Hospital

**OHIO MEDICAL QUALITY FOUNDATION** is a major supporter of the Ohio Physicians Health Program. The Foundation authorized a grant through 2011 providing operating support to allow the organization to serve physicians and other medical professionals who have issues related to substance abuse, mental illness, and aging.

**Disclosure Statement:** The official registration of the Ohio Physicians Health Program may be obtained from the State of Ohio, Office of the Attorney General, charitable Law Section, by calling (614) 466-9788. Registration does not imply endorsement.

**Please note:** Every effort has been made to ensure proper recognition to individuals, organizations, and hospitals supporting the Ohio Physicians Health Program (OPHP) in 2010. Please contact us at [info@ophp.org](mailto:info@ophp.org) if you have a correction.



**Lake Health's Medical Executive Committee** poses with a Certificate of Appreciation from OPHP. Back Row: Harris Freedman, D.O.; Philip Brzozowski, M.D.; Timothy Pritchard, M.D.; John Baniewicz, M.D.; Ted Nichols, M.D., VPMA; Frank Myers, D.O.; Cynthia Moore-Hardy, President/CEO. Front Row: Joyce Taylor, CQO/VP Quality; Edmundo Mandac, M.D.; E. Luke Bold, M.D., President; Joyce West, M.D.; Marc McNaughton, M.D.; Mary Ogrinc, Sr. VP Patient Care Services/CNO.

## INDIVIDUALS

### **Tower Society (\$1,000 - \$4,999)**

- Craig W. Anderson, M.D.
- Martha S. Bethea, C.P.A.
- Margaret L. Hayes, M.D.
- John J. Picken, M.D. in honor of Bruce A. Wall, M.D.
- Dr. & Mrs. David Tondow

### **Pillar Society (\$500 - \$999)**

- Stewart J. Friedman, M.D.
- George T. Harding, IV, M.D.
- Michael Kelly, M.D.
- Peter D. Rogers, M.D.
- Robert C. Schiff, Jr., M.D.

### **Cornerstone Society (\$200 - \$499)**

- Farshid Afsarifard, Ph.D.
- Ronald J. Bloomfield, M.D.
- Elizabeth Y. Collis, J.D.
- Patricia J. Davidson, M.D.
- Christina M. Delos Reyes, M.D.
- David D. Goldberg, D.O.
- Mary J. Gombash, M.D.
- David Y. Hahn, M.D.
- Molly A. Katz, M.D.
- James W. Keller, M.D.
- Raymond R. Mazzotta, CPCU
- Ronald L. Miller, M.D.
- Erik J. Plinke, J.D.
- Elizabeth A. Roseberry, M.D.
- Robert K. Rupp, J.D.
- Myron R. Smith, M.D.
- Bruce A. Wall, M.D.

### **Founders Society (\$25 - \$199)**

- Anonymous (7)
- Samantha J. Allen
- Evangeline C. Andarsio, M.D.
- Dennis R. Assenmacher, M.D.
- Louis L. Barich, M.D.
- Robert Barker, M.D.
- Richard M. Benninger, D.D.S.
- Jerome R. Berman, M.D.
- John E. Bloom, M.D.
- Jessica B. Campbell, M.D.
- Anthony G. Chila, D.O.
- Albert B. Cinelli, M.D.
- Robert D. Clinger
- Gregory B. Collins, M.D.
- Mark E. Davis, M.D.
- Ashok K. Dayal, M.D.
- Leslie R. Dye, M.D.
- G. Patrick Ecklar, M.D.
- Charles F. Gehrke, M.D.
- Richard S. Goldfarb, M.D.
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- Susan L. Hubbell, M.D.
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- Samuel Kramer, M.D.
- Dr. and Mrs. John Krebs
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- Mark D. Lutz, M.A., LCDC III

- Deborah J. Lynn, M.D.
- Larry G. Maden, M.D.
- Claudia Metz, M.D.
- Nicole L. Mohar
- Douglas Mossman, M.D.
- Link R. Murphy, M.D.
- David M. Novick, M.D.
- David R. Paolone, M.D.
- Sheldon T. Pinsky, M.D.
- Kenneth P. Pohl, M.D.
- Dr. and Mrs. Brian Powderly
- William A. Romer, M.D.
- Glenn J. Trippe, M.D.
- Rekha R. Trivedi, M.D.
- Mr. and Mrs. Chris Vecchio
- John H. Viall, M.D.
- Mark A. Weiner, D.O.
- Ransome R. Williams, M.D.

### **Family Healing & Support Fund Founders Society (\$25 - \$199)**

- Anonymous (1)

# CORPORATIONS ORGANIZATIONS SOCIETIES

## **Physicians Honor Society (\$50,000+)**

- Ohio Medical Quality Foundation
- Ohio Department of Alcohol and Drug Addiction Services

## **Pinnacle Society (\$10,000 - \$24,999)**

- Ohio Veterinary Medical Association

## **KEYSTONE SOCIETY (\$5,000 - \$9,999)**

- The Doctors Company
- Ohio Osteopathic Association Foundation

## **TOWER SOCIETY (\$1,000 - \$4,999)**

- Ohio Society of Anesthesiologists, Inc.

## **CORNERSTONE SOCIETY (\$200 - \$499)**

- Dayton Caduceus

## **FOUNDERS SOCIETY (\$25 - \$199)**

- Oak Leaf Cluster Caduceus



Jon F. Wills, Executive Director (left) & Christopher J. Loyke, D.O. 2010 President of the **Ohio Osteopathic Association** pose with Nicole Mohar, OPHP at the 2010 Ohio Osteopathic Symposium. This certificate was in recognition of their generous donation.



Karen Smith-Silone, D.O., Chief of Staff of **Licking Memorial Hospital** accepts a Certificate of Appreciation from Nicole Mohar, Marketing and Resource Development Specialist of the Ohio Physicians Health Program.

## IN-KIND

### **Pinnacle Society (\$10,000 - \$24,999)**

- Baker & Hostetler, LLP

### **Tower Society (\$1,000 - \$4,999)**

- American College of Physicians
- Ohio Osteopathic Association Foundation
- Ohio Society of Anesthesiologists, Inc.
- Ohio State Medical Association
- Ohio Veterinary Medical Association

### **Cornerstone Society (\$200 - \$499)**

- Ohio Dental Association

### **Founders Society (\$25 - \$199)**

- Medical-Spirituality Conference

## HONORARIA

### **Tower Society (\$1,000 - \$4,999)**

- Greene Memorial Hospital Medical Staff

### **Pillar Society (\$500 - \$999)**

- Community Hospital of Bryan Medical Staff
- Mercy Hospital Willard Medical Staff
- Robinson Memorial Hospital Medical Staff
- Salem Community Hospital Medical Staff
- Toledo Hospital Medical Staff
- Trinity Health System Medical Staff
- University of Cincinnati Hospital Medical Staff
- University Hospital of Cleveland Medical Staff

### **Cornerstone Society (\$200 - \$499)**

- Ohio Association of Medical Staff Services

**AlcoholScreening.org** is a free service of Join Together, a project of the Boston University School of Public Health. AlcoholScreening.org helps individuals assess their own alcohol consumption patterns to determine if their drinking is likely to be harming their health or increasing their risk for future harm. Through education and referral, the site urges those whose drinking is harmful or hazardous to take positive action, and informs all adults who consume alcohol about guidelines and caveats for lower-risk drinking.

Since the launch of AlcoholScreening.org in April 2001, over one million people have completed the screening questionnaire and received scientifically-based feedback on their drinking patterns.

Alcohol abuse and dependence are major public health problems, resulting in 100,000 deaths per year in the United States and costing the healthcare system billions of dollars annually. Excessive alcohol use is a major cause of injuries, violent crime, lost productivity at work and school, family and social problems, and disease.

Although moderate alcohol consumption is safe for most people and may even have health benefits for certain individuals, many people do not know what low-risk drinking is, nor do they know the circumstances in which drinking no alcohol is the safest choice. In addition, many people don't realize they have an alcohol problem, or are at risk for one, because no one asks them about their drinking patterns. Scientific research has shown that screening and brief intervention (SBI) can be very effective in prompting people whose alcohol consumption is risky or harmful to cut back on their drinking or seek treatment.

Research to date on Internet-based SBI points to significant potential to effectively reach many more individuals than can be physically screened in health-care and other offline encounters. While no online health screening and information tool can take the place of individual advice from a qualified health professional, Join Together believes that online screening will play an increasingly important role in increasing public and personal awareness about alcohol consumption and health.



Mark S. Shaker, President and CEO (left) & Mustafa Quadri, M.D., Chief of Staff of **Good Samaritan Hospital of Dayton** accept a Certificate of Appreciation from the Ohio Physicians Health Program.



Nicole Mohar of the Ohio Physicians Health Program presents a Certificate of Appreciation to John P. Lawrence, M.D., 2010 President of the **Ohio Society of Anesthesiologists** for their contribution to OPHP.

## 2011 LECTURE SCHEDULE

January 13, 2011	<b>The Ohio State University</b>	Columbus, Ohio
February 11, 2011	<b>Mercy St. Vincent Medical Center</b>	Toledo, Ohio
March 28, 2011	<b>St. Elizabeth's Medical Center</b>	Youngstown, Ohio
April 1, 2011	<b>Glenbeigh Hospital</b>	Toledo, Ohio
May 18, 2011	<b>Physician Wellness Event</b>	Canton, Ohio
July 20, 2011	<b>Good Samaritan Hospital</b>	Cincinnati, Ohio

Providing educational programs regarding the health of physicians and other healthcare professionals is one of the many services available through the Ohio Physicians Health Program. If you are the president of a medical society, chief or president of a medical staff, vice president of medical affairs, hospital risk manager or quality assurance director, director of a residency program, or planning a conference program or orientation, OPHP is a resource for educational presentations covering physician health and impairment topics. You may contact Samantha Allen at (614) 841-9690 extension 25, or [sallen@ophp.org](mailto:sallen@ophp.org) for further information or to make arrangements for a presentation.

