

Ohio Physicians Health Program

NEWSLETTER

To facilitate the health and wellness of healthcare professionals in order to enhance patient safety.

VOLUME 6, ISSUE 1

WINTER 2008-2009

DOCTORS' HEALTH MATTERS



"If the healer is not healthy the patients will not be healthy", stated Nancy Nielsen, M.D., PhD, president of the American Medical Association (AMA), during a plenary session of the International Conference on Doctors' Health held November 17-19, 2008.

The conference title, *Doctors' Health Matters* –

Finding the Balance, was sponsored by the AMA, the Canadian Medical Association (CMA) and the British Medical Association (BMA) and was hosted by the BMA at the BMA House in London, United Kingdom. Presidents of the three medical associations participated in the opening plenary session. Topics ranged from work load demands to substance use disorders and from doctors as patients to the need of specialized resources to assist physicians. The importance of state and provincial physician health programs and the services provided by these programs were featured throughout the conference.

The rapid changes occurring in medicine are having a profound impact on the health and well being of physicians resulting in anxiety, depression, fatigue, burnout, and suicide. 81% of conference attendees from around the world believe the stress of the doctor's role has increased in the last 5-10 years. There is reluctance on the part of many physicians to seek help due to stigma attached to mental illness and a perceived inability to deal with stress in the role of a physician. Additionally there is fear of negative impact on a doctors' professional life including licensure, legal issues, credentialing, insurance coverage, career advancement, etc. that create additional reluctance on the part of physicians to seek help.

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OHIO REPEALS "UPPL" LAW

Ohio joined 14 other states on January 5th, 2009 when Governor Ted Strickland signed into law the Uniform Individual Accident and Sickness Policy Provision Law (UPPL). The Ohio legislature had voted overwhelmingly to repeal the state's "UPPL Law," which allowed insurers to deny health coverage to individuals injured while under the influence of alcohol. The UPPL repeal had support from many organizations including the Ohio State Medical Association, the Ohio Hospital Association, and the Ohio Department of Alcohol and Drug Addiction Services (ODADAS).

Advocates of addiction screening and brief intervention programs have lobbied for repeal of UPPL laws in states across the U.S., saying that the laws deter doctors from screening patients for alcohol problems out of fear that their healthcare claims will be denied.

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Presenting a Certificate of Appreciation to Angela Dawson, Director of the Ohio Department of Alcohol and Drug Addiction Services, is Stan Sateren, M.D., President & Medical Director of the Ohio Physicians Health Program. ODADAS is a valuable OPHP partner in supporting quality education to physicians and other healthcare professionals on prevention, recognition and treatment of addiction.

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The potential for negative impact on a doctor's performance as a result of unrecognized and/or untreated stress, burnout, depression and other illnesses is of concern and poses an unknown risk to quality health care and patient safety.

The November 15, 2008 issue of the British Medical Journal (BMJ), with its cover page titled **FINDING A BALANCE Doctors' health and work**, was published just prior to the conference opening. It contained several articles on physician health including results of a multi-state study conducted through the Federation of State Physician Health Programs. The study measured long term recovery and success rates of physicians with substance use disorders that were monitored by state physician health programs in the United States.

Confidentiality and expertise in the assessment and treatment needs of doctors were identified by conference attendees as essential in addressing this professional and public health concern.

The AMA and state medical associations have been leaders in providing education and support regarding physician health dating back to the **Sick Physician Report** published by the AMA in 1973. That report and its recommendations subsequently led the establishment of physician health programs in most states. In Ohio, that program is known as the Ohio Physicians Health Program (OPHP), initially established under the Ohio State Medical Association in the mid-1970s.

In 1975 the AMA began holding biennial conferences on *Impaired Healthcare Practitioners*. In 1990 that conference became the International Conference on Physician Health, jointly sponsored with the CMA, in cooperation with the FSPHP with a focus on physicians' health rather than impairment.

The Federation of State Physician Health Programs (FSPHP) was founded in 1990 and receives support from the AMA with its administrative staff located at the AMA office in Chicago. The FSPHP is a nonprofit corporation whose purpose is to provide a forum for education and exchange of information among state programs, to develop common objectives and goals, to develop standards, to enhance awareness of issues related to physician health and impairment, to provide advocacy for physicians and their health issues at local, state, and national levels, and to assist state programs in their quest to protect the public. Forty-four state physician health programs are members of the FSPHP. In response to increased needs in this area, most state programs have expanded the

scope of their services while developing special skills along with the creation of a specific knowledge base.

The AMA Council on Ethics and Judicial Affairs' (CEJA) issued its **Physicians' Health and Wellness** report in 2003 providing "guidance in the area of physician health and wellness insofar as it affects physicians' professional activities, including patient care and trust in the profession." It states the medical profession has an obligation to ensure that its members are able to provide safe and effective care and that this obligation is discharged in several ways including promoting health and wellness among physicians, supporting peers in identifying physicians in need of help, intervening promptly when the health or wellness of a colleague appears to have become compromised, establishing mechanisms to assure that a physician who may suffer from impairment promptly cease practice, and reporting impaired physicians who continue to practice.

In 2008 the AMA House of Delegates adopted a resolution voicing support of programs related to physician health and wellness, including those offered by the FSPHP of which OPHP is a member. Dr. Sateren, OPHP's President and Medical Director serves as a director of the Central Region and is a member of the FSPHP board of directors.

In October 2008 Sonja Boone, MD, joined the American Medical Association as Director of Physician Health and Health Care Disparities and now leads the AMA's efforts in addressing physician health issues and needs. A major focus of Dr. Boones' efforts is disease prevention and health promotion.



Gala Reception at the 2008 BMA-AMA-CMA International Conference on Doctors' Health, BMA House, London, UK. Pictured left to right are Dr. Linda Stoer-Scaggs; Dr. Stan Sateren, OPHP President and Medical Director; Dr. Liana Linov, Chief Medical Officer, California Dept. of Corrections and Rehabilitation; and Dr. Sonja Boone, AMA Director of Physician Health and Health Care Disparities.

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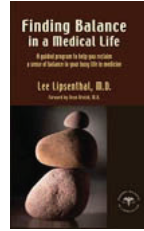
“Imagine life as a game in which you are juggling five balls in the air. You name them — work, family, health, friends, and spirit — and you’re keeping all of these in the air. You will soon understand that work is a rubber ball. If you drop it, it will bounce back. But the other four balls — family, health, friends, and spirit — are made of glass. If you drop one of these, they will be irrevocably scuffed, marked, nicked, damaged, or even shattered. They will never be the same. You must understand that and strive for balance in your life.”

Brian Dyson
CEO of Coca Cola Enterprises from 1959–1994

STATE MEDICAL BOARD OF OHIO APPROVED TREATMENT PROVIDERS

The list of State Medical Board of Ohio (SMBO) Approved Treatment Providers has recently undergone significant changes. It is suggested you destroy any previous lists you may have on file. Current lists of SMBO Approved Treatment Providers and Approved Assessors are on the SMBO web site www.med.ohio.gov under Treatment and Compliance.

SUGGESTED READING



Finding Balance in a Medical Life
Lee Lipsenthal
Lee Lipsenthal, MD, 2007.



Life in the Balance: A Physician's Memoir of Life, Love, and Loss with Parkinson's Disease and Dementia
Thomas Graboys with Peter Zheutlin
Square Press, 2008.



Neurobiology of Addiction
George F. Koob and Michele LeMoal
Academic Press, 2006.

*“Pleasant experiences make life delightful.
Painful experiences lead to growth.”*

Anthony de Mello

OPHP WELCOMES NEW STAFF MEMBER



David D. Sullivan, M.A., M.Div, CDCA joined the Ohio Physicians Health Program on September 22, 2008, as a Case Manager.

David brings to OPHP many years of experience in the field of chemical dependency. His undergraduate studies were completed at Pacific Union College, and then he attended seminary at Andrews University in Michigan. David completed his M.A. in counseling at Trevecca Nazarene University in Nashville, Tennessee.

He currently holds CDCA certification through the state of Ohio, and is planning to take his LCDC III exam soon.

He can be reached at the OPHP office (614) 841-9690 ext. 24, on his cell phone (614) 595-6960, or by e-mail at dsullivan@ophp.org.

EDUCATIONAL PROGRAMS

February 26-27, 2009	Intensive Course in Managing Conflict in Medical Practice: Controlling Anger, Avoiding Outbursts, Handling Stress Effectively and Communicating Appropriately	Cleveland, OH
March 20-22, 2009	Australian Doctors in Recovery, 14th Annual Convention	Melbourne, Australia
March 27-29, 2009	The Healer's Journey	Petaluma, CA
April 23, 2009	Medicine-Spirituality Conference: The Heart and Soul of Medicine	Dayton, OH
April 27-30, 2009	Federation of State Physician Health Programs 2009 Annual Meeting	New Orleans, LA
April 30-May 3, 2009	American Society of Addiction Medicine 40th Annual Conference	New Orleans, LA
May 11-15, 2009	Health for the Healer: A Physicians Enrichment Workshop	Birmingham, AL
May 16-21, 2009	American Psychiatric Association Annual Meeting	San Francisco, CA
June 26-29, 2009	Florida Medical Professionals Group	Orlando, FL
July 29-August 2, 2009	International Doctors in Alcoholics Anonymous 2009 Annual Meeting	San Antonio, TX
August 19-21, 2009	Addiction Studies Institute	Columbus, OH
October 7-10, 2009	California Society of Addiction Medicine "State of the Art"	San Francisco, CA
October 7-11, 2009	British Doctors and Dentists Group Convention	Manchester, England

For further information regarding these programs, call OPHP at 614.841.9690 extension 25.

GRANT AWARDED

The Ohio Physicians Health Program (OPHP) received notice from the Ohio Department of Alcohol and Drug Addiction Services (ODADAS) that it has been awarded a Federal SAPT block grant for fiscal year 2009.

OPHP is grateful for this support and the partnering relationship that has been established with ODADAS over the past several years.

THE FIRST ANNUAL MEDICINE-SPIRITUALITY CONFERENCE



The Heart and Soul of Medicine will take place at Sinclair Community College in Dayton, Ohio on April 23, 2009. The conference features Rachel Naomi Remen, M.D., as keynote speaker.

For more information regarding this program, please see the website www.med.wright.edu/academy. Register early to guarantee space!

INTERNET RESOURCES

www.doubletroubleinrecovery.org Double Trouble in Recovery (DTR) is designed to meet the needs of those having addictive substance problems as well as having been diagnosed with a psychiatric disorder.

www.creators.com/lifestylefeatures/william-moyers.html is a regular column of Creators Syndicate, Inc., written by William C. Moyers, discussing addiction and issues faced by individuals recovering from addiction.

www.fsphp.org is the Federation of State Physician Health Programs' web site containing information about state physician health programs, including contact information.

www.DepressionIsReal.org The Depression Is Real Coalition provides education and resources about depression.

YOUTH USE OF LEGAL DRUGS ECLIPSES ILLICIT DRUG USE, ANNUAL SURVEY REPORTS

The War on Drugs has long been cast as a battle against illegal narcotics, but the latest federal data shows that seven of the top 10 drugs being misused by high-school seniors are legal prescription or over-the-counter medications.

The 2008 Monitoring the Future (MTF) report shows that 15.4 percent of 12th-grade students reported nonmedical use of legal prescription or over-the-counter medications, including 11 percent who misused Vicodin and 4.7 percent who misused Oxycontin. The annual report is based on surveys of about 50,000 8th, 10th, and 12th graders nationally.

Prescription amphetamines, sedatives, tranquilizers, and the attention-deficit hyperactivity disorder medication Ritalin also were among the most popular drugs of abuse among high-school seniors, along with over-the-counter cough medications.

"Prescription drug use is at or near peak levels," said Lloyd Johnston, Ph.D., principal investigator of the MTF study and a research professor at the University of Michigan's Population Studies Center. "I think this will be difficult to deal with, because the source of these drugs is an informal network of family and friends, not dealers."

Marijuana continues to be the most popular illicit drug among adolescents, used at least once in the past year by nearly a third of high-school seniors, 23.9 percent of 10th graders, and 10.9 percent of 9th graders.

Youth smoking rates have fallen to the lowest rate ever recorded by MTF researchers, thanks largely to a decline in reported smoking by 10th-graders. Still, more than one in 10 high-school seniors remain daily smokers. Likewise, alcohol remains the most popular drug used by adolescents despite steady year-over-year decreases in reported use.

"While the long-term general decline is encouraging, especially for cigarettes and alcohol, some of the other findings this year amplify our concerns for potential problems in the future -- especially the non-medical use of prescription drugs," said NIDA Director Nora D. Volkow, M.D.

This Newsletter can also be found at www.ophp.org.

WHO KNEW GRANDMA KEPT A STASH!

A campaign entitled "Grandma's Stash" was recently launched in New Jersey by the Partnership for a Drug-Free New Jersey (PDFNJ). PDFNJ is a private not-for-profit coalition of professionals from the communications, corporate and government communities whose collective mission is to reduce demand for illicit drugs in New Jersey through media communication.

Surveys in New Jersey and elsewhere have identified alarming levels of misuse of legal prescriptions and over-the-counter medications. Also, that the sources of these medications are frequently family and friends.

The innovative and award winning multi-media effort uses newspapers, radio stations, billboards, buses, trains and web banners throughout New Jersey to raise awareness that misuse of prescription drugs is second only to the use of marijuana as the nation's most prevalent drug problem.

The message and intent of the "Grandma's Stash" campaign is to increase awareness on the part of parents, grandparents and other caregivers to the fact that young people may have easy access to dangerous and addicting prescription medications located in their medicine cabinets or other areas where prescription medications may be stored.



*"All that is gold does not glitter,
not all those who wander are lost;
the old that is strong does not wither,
deep roots are not reached by the frost.
From the ashes a fire shall be woken,
a light from the shadows shall spring;
renewed shall be blade that was broken,
the crownless again shall be king."*

J.R.R. Tolkien



ADDICTION COSTS MEDICAID HUNDREDS OF MILLIONS ANNUALLY, STUDY SAYS

More than one in four Medicaid recipients have a diagnosed addiction problem and the cost of providing behavioral healthcare and medical care for these individuals runs into the hundreds of millions of dollars annually when compared with Medicaid recipients who don't have alcohol or other drug problems.

A new study from the Substance Abuse Policy Research Program looked at the medical records of about 150,000 Medicaid recipients in six states, and concluded that the 29 percent of patients diagnosed with alcohol or other drug addictions cost these six states alone an extra \$104 million for medical care and \$105.5 million for behavioral healthcare.

"We found that the medical care costs for all health problems among those with substance abuse issues are quite significant, which means that there could be a huge cost savings if prevention or early treatment programs were started to improve the health of substance abusers," said Robin E. Clark, Ph.D., associate professor of family medicine and community health at the University of Massachusetts Medical School's Center for Health Policy and Research.

Costs did vary widely from state to state, however, reflecting differences in available behavioral-health treatment services.

General medical costs rose steeply as people with addictions got older, the study found -- even more than costs for addiction and mental-health care.

Researchers attributed this finding to higher rates of illness among older people, the impact of long-term alcohol and other drug use, greater reluctance to seek specialty addiction treatment among this population, and more severe chronic disease among older, addicted patients.

The study, "The Impact of Substance Use Disorders on Medical Expenditures for Medicaid Beneficiaries with Behavioral Health Disorders," was published in the January 2009 issue of the journal *Psychiatric Services*.

If you wish to receive future OPHP Newsletters, please e-mail us at info@ophp.org or call (614) 841-9690, ext 25.

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Previously, insurance coverage for injuries sustained while using alcohol or other drugs were excluded under a model adopted about 50 years ago. Attitudes regarding substance abuse have changed since then. Emergency room physicians have stated they are hesitant to perform alcohol screenings because of the fear of negating an insured's ability to afford treatment for injuries if an insurer enforces the exclusion.

The removal of this exclusion via UPPL will encourage doctors and hospitals to screen ER patients for alcohol and drugs and thereby ensure patients receive the proper treatment, and ensure that health care providers and hospitals get paid.

ODADAS Director Angela Cornelius Dawson said the repeal "takes us, as a society, one step closer to eliminating the stigma that surrounds the disease of addiction and it will help to ensure all injured Ohioans receive timely and appropriate medical care."

Receive Income for Life

And support the work of Ohio Physicians Health Program

Start receiving a fixed income for life with a Planned Gift to benefit the Ohio Physicians Health Program (OPHP). Working with the **Columbus Foundation**, OPHP now offers Planned Gifts that can provide you with peace of mind and a fixed-rate income for life. You may also defer your payments and receive a higher interest rate.

Yes, I would like more information on a Planned Gift that can provide me with income for life.

Name _____

Phone _____
 Cell Work Home

E-mail _____

Send to: Ohio Physicians Health Program
5900 Roche Drive, Suite 440
Columbus, OH 43229

Or call: Kelley Long, B.A.
Operations Manager
(614) 841-9690 ext. 23

OHIO PHYSICIANS HEALTH PROGRAM (OPHP) GIVING SOCIETIES SUPPORT FOR THE ANNUAL FUND

HOSPITALS

Keystone Society (\$5,000 - \$9,999)

- Good Samaritan Hospital & Health Center Medical Staff
- MetroHealth Systems Medical Staff
- Miami Valley Hospital
- Miami Valley Hospital Medical Staff

Tower Society (\$1,000 - \$4,999)

- Adena Regional Medical Center
- Adena Regional Medical Center Medical Staff
- Blanchard Valley Regional Health Center Medical Staff
- Deaconess Hospital Medical Staff
- Fairfield Medical Center
- Fairfield Medical Center Medical Staff
- Flower Hospital Medical Staff
- Glenbeigh Hospital
- Good Samaritan Hospital Medical Staff
- Grady Memorial Hospital Medical Staff
- Kettering Health Network
- Lake Hospital East Medical Staff
- Lake Hospital System, Inc.
- Marietta Memorial Hospital
- Memorial Hospital Fremont
- Memorial Hospital Fremont Medical Staff
- Parma Community General Hospital Medical Staff
- Riverside Methodist Hospital Medical Staff
- St. Luke's Hospital
- St. Luke's Hospital Medical Staff
- UHHS Bedford Medical Center Medical Staff
- Western Reserve Care System Professional Staff

Pillar Society (\$500 - \$999)

- Christ Hospital
- Christ Hospital Medical Staff
- Joint Township District Memorial Hospital
- Joint Township District Memorial Hospital Medical Staff
- Lima Memorial Hospital Medical Staff
- McCullough-Hyde Memorial Hospital
- McCullough Hyde Memorial Hospital Medical Staff
- MedCentral Health System
- MedCentral Health System Medical Staff
- Medina General Hospital
- Medina General Hospital Medical Staff
- Mercy Hospital Clermont Medical Staff
- Samaritan Regional Health System Medical Staff
- Samaritan Regional Medical Center
- Southeastern Regional Medical Center Medical Staff
- Southern Ohio Medical Center
- St. John West Shore Hospital Medical Staff
- University of Toledo Medical Center
- Upper Valley Medical Center & Medical Staff
- Wooster Community Hospital Medical Staff

“Teach this triple truth to all: a generous heart, kind speech, and a life of service and compassion are the things which renew humanity.”

Buddha

Disclosure Statement: The official registration of the Ohio Physicians Health Program may be obtained from the State of Ohio, Office of the Attorney General, charitable Law Section, by calling (614) 466-9788. Registration does not imply endorsement.

Please note: Every effort has been made to ensure proper recognition to individuals, organizations, and hospitals supporting the Ohio Physicians Health Program (OPHP) in 2008. Please contact us at info@ophp.org if you have a correction.

HOSPITALS

Cornerstone Society (\$200 - \$499)

- Fisher-Titus Medical Center
- Fisher-Titus Medical Center Medical Staff
- Fulton County Health Center
- Fulton County Health Center Medical Staff
- Grace Hospital Medical Staff
- Health Alliance
- Mercy Hospital of Tiffin
- Selby General Hospital
- Toledo Children's Hospital Medical Staff
- Toledo Hospital Medical Staff
- Wyandot County Medical Society
- Wyandot Memorial Hospital

Founders Society (\$25 - \$199)

- Dunlap Community Hospital
- Dunlap Community Hospital Medical Staff
- Mercer county Joint Township Community Hospital Medical Staff
- St. Vincent Mercy Medical Center



In recognition of their support for the Ohio Physicians Health Program (OPHP) for 2008, Nikki Mohar of OPHP presented a Certificate of Appreciation to Timothy Sorg, M.D., Chief of Staff at Good Samaritan Hospital.

INDIVIDUALS

Tower Society (\$1,000 - \$4,999)

- Martha S. Bethea, CPA
- Stan Sateren, M.D.

Pillar Society (\$500 - \$999)

- Stewart J. Friedman, M.D.
- Molly A. Katz, M.D.
- Robert A. McNutt, M.D.
- John J. Picken, M.D.
- James P. Reber, St. Rita's Medical Center
- Robert C. Schiff, Jr., M.D.
- Edward S. Umlauf, D.O.

Cornerstone Society (\$200 - \$499)

- Farshid Afsarifard, Ph.D.
- Albert B. Cinelli, M.D.
- Rogelio R. Dela Roca, M.D.
- David D. Goldberg, D.O.
- George T. Harding, IV, M.D.
- Margaret L. Hayes, M.D.
- Michael Kelly, M.D.
- Robert J. Kromer, D.O.
- Raymond R. Mazzotta, CPCU
- Elizabeth A. Roseberry, M.D.
- Robert K. Rupp, J.D.
- Herbert A. Schumm, M.D.
- Myron R. Smith, M.D.
- Timothy O. Wiechers, J.D.

INDIVIDUALS

Founders Society (\$25 - \$199)

- Anonymous (10)
- Samantha J. Allen
- Evangeline C. Andarsio, M.D.
- In Memory of Michael A. Anthony, M.D.
- Charles F. Baker, D.M.D.
- Robert L. Barker, M.D.
- Jerome R. Berman, M.D.
- John E. Bloom, M.D.
- Ronald J. Bloomfield, M.D.
- John K. Brennan, M.D.
- Cleanne Cass, D.O.
- Anthony G. Chila, D.O.
- Annette A. Ciotti, D.O.
- Gregory B. Collins, M.D.
- Patrician J. Davidson, M.D. & William H. Cotton, M.D.
- Ashok K. Dayal, M.D.
- G. Patrick Ecklar, M.D.
- Charles F. Gehrke, MD.
- Sree Gorty, M.D.
- Russell H. Hackett, M.D.
- Edward C. Hall, M.D.
- Bruce A. Hamilton, M.D.
- Robert J. Hemphill, M.D.
- Susan L. Hubbell, M.D.
- Lawrence J. Jacobs, M.D.
- N. Timothy Jette, M.D.
- Hubert K. Keylor, M.D.
- Kelley M. Long
- Eric W. Lothes, M.D.
- Mark D. Lutz, M.A., LCDC III
- Deborah Joanne Lynn, M.D.
- Martin Macklin, M.D., Ph.D.

- Bonita D. Malit, M.C.
- Christopher J. Meier, M.D.
- Nicole L. Mohar
- Deborah K. Moritz, M.D.
- Douglas Mossman, M.D.
- Link R. Murphy, M.D.
- David M. Novick, M.D.
- Brian & Yvonne Powderly, M.D.
- David B. Reynolds, M.D.
- Mark A. Smith, M.D.
- William D. Smucker, M.D.
- Linda Stoer-Scaggs, Ph.D.
- J. Craig Strafford, M.D.
- Christopher J. Sutton, M.D.
- David J. Tennenbaum, Ph.D.
- Rekha R. Trivedi, M.D.
- Christopher & Jennifer Vecchio
- Mark Weiner, D.O.



Nikki Mohar, Marketing and Resource Development Specialist for the Ohio Physicians Health Program presents a Certificate of Appreciation to the Miami Valley Hospital, recognizing both the hospital and medical staff's support for 2008. Pictured left to right are Nikki Mohar, OPHP; Mary Boosalis, President & CEO, Miami Valley Hospital; James Pacenta, M.D., Chief of Staff; Scott Hadaway, M.D., Chief of Staff-Elect; and Gary Collier, M.D., Vice President of Medical Affairs.

CORPORATIONS/ORGANIZATIONS/SOCIETIES

Physicians Honor Society (\$50,000+)

- Ohio Department of Alcohol and Drug Addiction Services
- Ohio Medical Quality Foundation

Heritage Society (\$25,000 - \$49,000)

- The Doctors Company

Tower Society (\$1,000 - \$4,999)

- Erie County Medical Society
- Ohio Society of Anesthesiologists

Cornerstone Society (\$200 - \$499)

- Dayton Caduceus



Presenting a Certificate of Appreciation to Thomas G. Luffy, Regional Operating Officer & Chief Financial Officer of The Doctors Company, is Stan Sateren, M.D., President & Medical Director of the Ohio Physicians Health Program. The Doctors Company is a major supporter of OPHP.

OHIO MEDICAL QUALITY FOUNDATION is a major supporter of the Ohio Physicians Health Program. The Foundation authorized a three-year grant through 2010 providing operating support to allow the organization to serve physicians and other medical professionals who have issues related to substance abuse, mental illness, and aging.



A Certificate of Appreciation was presented to Baker & Hostetler, LLP for their financial support of the Ohio Physicians Health Program. Pictured left to right are: Stan Sateren, M.D., President & Medical Director of OPHP; Daniel J. Gunsett, Esq., Partner, Baker & Hostetler, LLP; Robert K. Rupp, J.D., Partner, Baker & Hostetler, LLP and Chairman, OPHP Board of Trustees.

HONORARIA

Tower Society (\$1,000 - \$4,999)

- Cincinnati Children's Hospital Medical Center
- Fairview Hospital

Pillar Society (\$500 - \$999)

- Christ Hospital
- EMH Regional Medical Center
- Greene Memorial Hospital
- Robinson Memorial Hospital

IN-KIND

Pinnacle Society (\$10,000 - \$24,999)

- Baker & Hostetler, LLP

Tower Society (\$1,000 - \$4,999)

- Ohio Osteopathic Association
- Ohio Society of Anesthesiologists
- Ohio State Medical Association
- Ohio Veterinary Medical Association



Photo by Stan Sateren, M.D.

“Preconceived notions are the locks on the door of wisdom.”

— *Merry Browne*

2009 LECTURE SCHEDULE

January 20, 2009	Stan Sateren, M.D., FASAM	St. Rita’s Medical Center	Lima, Ohio
February 4, 2009	Stan Sateren, M.D., FASAM	Miami Valley Hospital	Dayton, Ohio
February 17, 2009	Stan Sateren, M.D., FASAM	Fisher-Titus Medical Center	Norwalk, Ohio
February 20, 2009	Stan Sateren, M.D., FASAM	Blanchard Valley Hospital	Findlay, Ohio
March 4, 2009	Stan Sateren, M.D., FASAM	MetroHealth Medical Center	Cleveland, Ohio
March 26, 2009	Stan Sateren, M.D., FASAM	Christ Hospital	Cincinnati, Ohio
June 17, 2009	Stan Sateren, M.D., FASAM	Mount Carmel East	Columbus, Ohio
July 2009	Stan Sateren, M.D., FASAM	University of Toledo	Toledo, Ohio
August 2009	Stan Sateren, M.D., FASAM	Addiction Studies Institute	Columbus, Ohio
September 24, 2009	Stan Sateren, M.D., FASAM	Trinity Health Systems	Steubenville, Ohio

Providing educational programs regarding the health of physicians and other healthcare professionals is one of the many services available through the Ohio Physicians Health Program. If you are the president of a medical society, chief or president of a medical staff, vice president of medical affairs, hospital risk manager or quality assurance director, director of a residency program, or planning a conference program or orientation, OPHP is a resource for educational presentations covering physician health and impairment topics. You may contact Samantha Allen at (614) 841-9690 extension 25, or sallen@ophp.org for further information or to make arrangements for a presentation.

THE OHIO PHYSICIANS HEALTH PROGRAM NEEDS YOUR HELP

The Ohio Physicians Health Program is a 501(c)(3) non-profit entity whose mission is "To facilitate the health and wellness of healthcare professionals in order to enhance public safety". We rely upon the generosity of professional colleagues and other supporters to continue this important work.

_____ Yes, I would like to become a supporter. Please accept my tax-deductible contribution of:

_____ \$1,000.00 _____ \$500.00 _____ \$250.00 _____ \$100.00 _____ \$50.00 Other: \$ _____

_____ I am enclosing a check

Make check payable to Ohio Physicians Health Program
Send to 5900 Roche Drive, Suite 440, Columbus, OH 43229

I am using my credit card: _____ VISA _____ Master Card

Name: _____

Organization: _____

Address: _____

_____ *Card Number*

_____ *Name on Card*

Expiration Date: *Month:* _____ *Year:* _____

3-Digit Number in Signature Block: _____

_____ *Signature*

City: _____

State: _____ Zip Code: _____

_____ *Yes, I would like my gift to remain anonymous.*

Donations can also be made on-line by visiting the OPHP website at www.ophp.org.

Ohio Physicians Health Program
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www.ophp.org • info@ophp.org

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