

Ohio Physicians Health Program

NEWSLETTER

To facilitate the health and wellness of healthcare professionals in order to enhance patient safety.

VOLUME 5, ISSUE 2

SUMMER 2008

JCAHO IMPLEMENTS NEW STANDARD

A new standard is being implemented January 1, 2009 by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO) requiring healthcare facilities accredited by them to have in place a code of conduct policy. The policies are to define acceptable and unacceptable behaviors and establish a formal process to manage unacceptable behaviors. Examples of unacceptable behaviors include refusing to answer pages or questions, verbal abuse, condescending or demeaning attitudes, or physical threats that jeopardize safety.

The July 9, 2008 Joint Commission Sentinel Event Alert contains an article discussing the new standard directed at intimidating and disruptive behaviors on the part of any member of the healthcare team. Such behaviors have the potential to negatively impact the quality of patient care and patient safety. The article entitled "**Behaviors that undermine a culture of safety**" can be found at

http://www.jointcommission.org/SentinelEvents/SentinelEventAlert/sea_40.

In 2001 the Joint Commission also implemented standard MS.2.6 that requires healthcare facilities to provide a confidential process to identify and manage matters of individual physician health that is separate from the medical staff disciplinary function.

The Ohio Physicians Health Program (OPHP) serves as a valuable resource for physicians and healthcare institutions throughout Ohio in meeting these standards. Its mission is to **facilitate the health and wellness of health care professionals in order to enhance patient safety.**

JCAHO is an independent, not-for-profit organization that evaluates and accredits over 17,000 health care organization and programs in the United States.

MEMBER OF OPHP RECOGNIZED

Eleven years of service culminated in a recognition luncheon for Betsy Arvidson, Business Office Coordinator on July 23, 2008.

Betsy Arvidson was recognized as giving selflessly of her time and talents to the Ohio Physicians Health Program in various roles over the years.

Ms. Arvidson relocated to New York City in August 2008. During her years with OPHP, the organization benefited from her many skills and talents. Her dedication, professionalism, wealth of knowledge, and history of OPHP will be greatly missed by her OPHP colleagues.



Betsy Arvidson, Business Office Coordinator, shown here accepting an award from Robert K. Rupp, J.D., Chairman of the OPHP Board of Trustees in recognition to her many years of service to OPHP.

See related photo Page 2

HEALING THE DOCTOR PATIENT DIVIDE

In a new online column for the New York Times which debuted September 11, 2008, "**Doctor and Patient**", Dr. Pauline W. Chen, a liver transplant and liver cancer surgeon hopes that by sharing her experiences and insights into the health care system, she can help to begin bridging the divide between physicians and their patients. Readers are invited to join in the discussion and post their comments. This is located at <http://well.blogs.nytimes.com/2008/09/11/doctors-and-patients-start-talking/>

If you wish to receive future OPHP Newsletters, please e-mail us at info@ophp.org or call (614) 841-9690, extension 25.



Attending the recognition luncheon for Betsy Arvidson (from left to right): Stan Sateren, M.D., President & Medical Director; Samantha Allen, Executive Assistant; Betsy Arvidson, Business Office Coordinator; Kelley Long, Operations Manager; Jennifer Vecchio, Clinical Services Coordinator, Mark D. Lutz, M.A., LCDC III, Case Manager.

“If we believe in the rebirth of our civilization... then clearly this renaissance must begin in the chambers of our own hearts... We cannot wait for society to change, or for our institutions to be renewed. We, as individuals, must assume responsibility for our own personal transformation.”

-Georg Feuerstein

OPHP WELCOMES NEW STAFF MEMBER

Mark D. Lutz, M.A., LCDC III joined the Ohio Physicians Health Program in May 2008 as Case Manager. His undergraduate studies were completed at Kent State University and the Ohio State University. He received his Master of Arts from the Ohio State University.



He is a Licensed Chemical Dependency Counselor in Ohio and is also internationally certified through the International Certification and Reciprocity Consortium.

Previously Mark was the Site Manager of Fayette Recovery Center and counselor for Pickaway Area Recovery Services and their Driver Intervention Program.

For participants, monitors, treatment and aftercare facilities, you will have an opportunity to meet Mark in the near future. He can be reached at 614.841.9690 x28 or by e-mail at mlutz@ophp.org.

OHIO PHYSICIANS HEALTH PROGRAM

Mission:

To facilitate the health and wellness of healthcare professionals in order to enhance patient safety

Please submit curriculum vitae and salary requirements to:

Kelley M. Long

Operations Manager
5900 Roche Dr.
Suite 440
Columbus, OH 43229
klong@ophp.org

(614) 841-9690 ext. 23
(614) 841-9680 (fax)

The Ohio Physicians Health Program (OPHP) is seeking an experienced psychiatrist or addictionist to serve as full-time Medical Director. This position reports directly to the OPHP Board of Trustees.

The position requires a physician (MD/DO) with board certification in psychiatry or a primary specialty, who understands the importance of physician health and how supporting the health of physicians will enhance patient safety.

The candidate should have a minimum of five years clinical experience in addiction treatment and recovery with a working knowledge of twelve step recovery, as well as additional credentials in addiction medicine or addiction psychiatry. Training / knowledge in the areas of mental health and wellbeing are also desirable. Superior communication, leadership, and public speaking skills are essential. Previous administrative and management experience will be of value. Strong computer skills with data base and EMR experience including familiarity with outcomes measurement and continuous improvement will further define the ideal candidate.

This is a unique opportunity for a qualified physician to lead the Program to its next level of development.

Excellent salary and benefits.

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President & Medical Director

Kelley Long, B.A.
Operations Manager

Mark D. Lutz, M.A., LCDC III
Case Manager

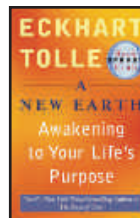
David D. Sullivan, M.A., M.Div, CDCA
Case Manager

Jennifer L. Vecchio
Clinical Services Coordinator

Samantha J. Allen, B.A.
Executive Assistant

Nicole Mohar
Marketing & Resource Development Consultant

SUGGESTED READING



***A New Earth:
Awakening to Your Life's Purpose***
Eckhart Tolle,
Dutton Adult, 2005



***The Physician as Patient: A Clinical
Handbook for Mental Health
Professionals***
Michael F. Myers, M.D. &
Glen O. Gabbard, M.D.,
American Psychiatric Publishing, 2008



***The Scalpel and the Soul: Encounters
with Surgery, the Supernatural, and the
Healing Power of Hope***
Allan J. Hamilton, M.D. FACS
Tarcher, 2008



***Spiritual Evolution:
A Scientific Defense of Faith***
George E. Vaillant, M.D.
Broadway, 2008

Receive Income for Life

And support the work of Ohio Physicians Health Program

Start receiving a fixed income for life with a Planned Gift to benefit the Ohio Physicians Health Program (OPHP). Working with the **Columbus Foundation**, OPHP now offers Planned Gifts that can provide you with peace of mind and a fixed-rate income for life. You may also defer your payments and receive a higher interest rate.

Yes, I would like more information on a Planned Gift
that can provide me with income for life.

Name _____

Phone _____
 Cell Work Home

E-mail _____

Send to: Ohio Physicians Health Program
5900 Roche Drive, Suite 440
Columbus, OH 43229

Or call: Kelley Long, B.A.
Operations Manager
(614) 841-9690 ext. 23

INTERNET RESOURCES

www.doctorswithdepression.org discusses part of a nationwide outreach campaign Struggling in Silence: Physician Depression and Suicide through the American Foundation for Suicide Prevention.

www.mdng.com/webexclusives/top20sites is a link to The MD Net Guide's list of the Top 20 Websites for Doctors.

www.creators.com/lifestylefeatures/william-moyers.html is a regular column of Creators Syndicate, Inc., written by William C. Moyers, discussing addiction and issues faced by individuals recovering from addiction.

This Newsletter can also be found at www.ophp.org

2008 ANNUAL APPEAL

“Spotlighting Physician Wellness”

Like most non-profit organizations, Ohio Physicians Health Program relies on the generosity of others to carry out its mission: *“To facilitate the health and wellness of health care professionals in order to enhance patient safety.”*

In the coming months, the development team will be contacting individuals and hospital medical staffs and administrations to help reach OPHP’s annual goal. If you would like to learn more about making a planned gift to the organization or Family Healing and Support Fund, please contact Kelley Long at extension 23.

If you have not given, please consider a donation to the Ohio Physicians Health Program using the enclosed response envelope or simply go on-line to www.ophp.org.

“One can have no smaller or greater mastery, than mastery of oneself.”

-Leonardo da Vinci

STATE MEDICAL BOARD OF OHIO APPROVED TREATMENT PROVIDERS

The list of State Medical Board of Ohio (SMBO) Approved Treatment Providers has recently undergone significant changes. It is suggested you destroy any previous lists you may have on file. Current lists of SMBO Approved Treatment Providers and Approved Assessors are on the SMBO web site www.med.ohio.gov under Treatment and Compli-

THE FIRST ANNUAL MEDICINE-SPIRITUALITY CONFERENCE



The Heart and Soul of Medicine will take place at Sinclair Community College in Dayton, Ohio on April 23, 2009. This conference is featuring Rachel Naomi Remen, M.D., as key note speaker.

For more information regarding this program, please contact Robert Copeland at robert.copeland@wright.edu.

EDUCATIONAL PROGRAMS

| | |
|----------------------|---|
| October 2-5, 2008 | The Institute on Psychiatric Services , Chicago, Illinois |
| October 22-25, 2008 | CSAM Addiction Medicine Review Course , Newport Beach, California |
| October 23, 2008 | CASA Conference: How to Stop Wasting the Best and Brightest , New York, New York |
| October 26-28, 2008 | ASAM Review Course in Addiction Medicine , Chicago, Illinois |
| November 17-19, 2008 | International Conference on Physician Health , London, England |
| February 2-6, 2009 | Health for the Healer: A Physicians Enrichment Workshop , Birmingham, Alabama |
| May 11-15, 2009 | Health for the Healer: A Physicians Enrichment Workshop , Birmingham, Alabama |
| March 20-22, 2009 | Australian Doctors in Recovery 14th Annual Convention , Melbourne, Australia |
| April 23, 2009 | Medicine-Spirituality Conference: The Heart and Soul of Medicine , Dayton, Ohio |

Case Western Reserve University’s School of Medicine offers the following Continuing Medical Education courses throughout the year. For a list of upcoming dates, please contact the CME office at 216.983.1239.

- Medical Ethics, Boundaries and Professionalism
- Managing Conflict in Medical Practice
- Controlled Substance Management
- Physician Communication
- Opiate Maintenance Treatment Programs
- Medical Record Keeping with Individual Preceptorships

***Struggling in Silence:
Physician Depression
and Suicide***

The American Foundation for Suicide Prevention has funded a new educational multi-media campaign which includes a one hour public television special with the above title. The campaign will also educate physicians about depression so they can better recognize the symptoms in themselves and their patients.

The first component of the campaign is an hour-long documentary featuring interviews with families and friends that have been touched by a physician's suicide. Physicians speak candidly about personal battles with depression.

Struggling in Silence: Physician Depression and Suicide, the one-hour documentary featured on public television stations nationwide can be purchased at www.afsp.org.

***"To keep a lamp burning,
we have to keep putting oil in it."***

-Mother Teresa

2007 ANNUAL REPORT



The Ohio Physicians Health Program (OPHP) recently published its *2007 Annual Report*. The report provides an overview of the many activities and services that support the health and well-being of physicians, dentists, veterinarians, and other healthcare professionals

throughout the state. The report also acknowledges the many financial contributions from individuals and institutions, without whose support OPHP could not provide its valuable services.

The *2007 Annual Report* can be viewed and downloaded from the organization's web page (www.ophp.org) or a copy may be requested by calling (614) 841-9690 ext. 25.

HEROIN ABUSE UP FOR MANY OHIO YOUTH

August 18, 2008

An increase in treatment admissions for heroin abuse among young people in Ohio is being attributed to problems that often start with prescription drug abuse, the Akron Beacon Journal reported Aug. 13.

A report from the Ohio Substance Abuse Monitoring Network covering the period from June 2007 to January 2008 found increasing amounts of "black tar" heroin use in several reporting areas and a higher rate of treatment admissions among young whites, as well as among young adults in suburban communities. A spokeswoman for the state Department of Alcohol and Drug Addiction Services said many young people are turning to heroin after not finding a sufficient opiate effect from prescription pain medication.

The report's overall findings, culled from interviews with treatment providers, law enforcement officials and consumers, generally found few changes in drug use patterns in the state. Both heroin use and prescription drug abuse continue to hold steady, as do marijuana and cocaine use. Limited street availability of methamphetamine and OxyContin has led to a decline in use of those substances.

Other drug trend patterns that have remained consistent in recent years include young people's inappropriate use of prescription drugs in combination with alcohol, and substantial use of this combination of drugs among the state's elderly population as well.

The short report is available and provided by "Join Together Online (www.jointogether.org)". Join Together is a project of the Boston University School of Public Health.

GRANT AWARDED

The Ohio Physicians Health Program (OPHP) received notice from the Ohio Department of Alcohol and Drug Addiction Services (ODADAS) that it has been awarded a Federal SAPT block grant for fiscal year 2008.

OPHP is grateful for this support and the working relationship that has been established with ODADAS over the past several years.

2008 LECTURE SCHEDULE

| | | |
|--------------------|---------------------------|--|
| January 16, 2008 | Stan Sateren, M.D., FASAM | Robinson Memorial Hospital , Ravenna, Ohio |
| February 21, 2008 | Stan Sateren, M.D., FASAM | Christ Hospital , Cincinnati, Ohio |
| March 5, 2008 | Stan Sateren, M.D., FASAM | Fairview Hospital , Cleveland, Ohio |
| March 6, 2008 | Stan Sateren, M.D., FASAM | EMH Regional Medical Center , Elyria, Ohio |
| March 24, 2008 | Stan Sateren, M.D., FASAM | University of Toledo , Toledo, Ohio |
| April 2, 2008 | Stan Sateren, M.D., FASAM | Cincinnati Children's Hospital , Cincinnati, Ohio |
| May 21, 2008 | Stan Sateren, M.D., FASAM | Huron County Medical Society , Norwalk, Ohio |
| May 21, 2008 | Stan Sateren, M.D., FASAM | MetroHealth Committee , Cleveland, Ohio |
| July 29, 2008 | Stan Sateren, M.D., FASAM | Ohio State Medical Center , Columbus, Ohio |
| August 29, 2008 | Stan Sateren, M.D., FASAM | Christ Hospital , Cincinnati, Ohio |
| September 18, 2008 | Stan Sateren, M.D., FASAM | Marietta Memorial Hospital , Marietta, Ohio |
| September 23, 2008 | Stan Sateren, M.D., FASAM | Greene Memorial Hospital , Xenia, Ohio |
| October 4, 2008 | Stan Sateren, M.D., FASAM | Institute on Psychiatric Services , Chicago, IL |
| October 21, 2008 | Stan Sateren, M.D., FASAM | Joint Township District Memorial Hospital , St. Mary's, Ohio |
| October 22, 2008 | Stan Sateren, M.D., FASAM | Bedford Medical Center , Bedford, Ohio |
| October 28, 2008 | Stan Sateren, M.D., FASAM | Jewish Hospital , Cincinnati, Ohio |
| November 3, 2008 | Stan Sateren, M.D., FASAM | Licking Memorial Hospital , Newark, Ohio |
| November 3, 2008 | Stan Sateren, M.D., FASAM | Granville Kiwanis , Granville, Ohio |
| To be Determined | Stan Sateren, M.D., FASAM | Blanchard Valley Hospital , Findlay, Ohio |

Providing educational programs regarding the health of physicians and other healthcare professionals is one of the many services available through the Ohio Physicians Health Program. If you are the president of a medical society, chief or president of a medical staff, vice president of medical affairs, hospital risk manager or quality assurance director, director of a residency program, or planning a conference program or orientation, OPHP is a resource for educational presentations covering physician health and impairment topics. You may contact Samantha Allen at (614) 841-9690 extension 25, or Sallen@ophp.org for further information or to make arrangements for a presentation.



Photo by: Stan Sateren, M.D.

"Make good memories. Travel every chance you get."

Evelyn Novak

Bequeath, Bequest, Befuddled

Sometimes the language of making a gift through your will can be confusing. For example, the term bequeath describes the action of making a bequest of property or money through one's will. Bequeath and bequest are words with deep roots in our language dating back a thousand years. They derive from the word "cweathan" meaning "to say."

Our planned giving professional at the Ohio Physicians Health Program can help you take the confusion, mystery, and intimidation out of wills and bequests. We want to send you a brochure that presents the basics of having a good will and the steps to follow. We also have information to help you plan a future gift to the Ohio Physicians Health Program.

To receive the brochure and other complimentary information, use the form to the right or call (614) 841-9690. Your query will be kept confidential.

Clip and Mail

Dear Friends at the Ohio Physicians Health Program:

- Please send me the brochure and other free information about wills.
- Please have your planned giving professional contact me. My contact information is below.
- I have already included the Ohio Physicians Health Program in my estate plans via the following type of gift: _____ . Please send me information on the Distinguished Fellows Society, in which I am now included.

Name: _____

Spouse: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-Mail: _____

Mail to:

*Planned Giving - Confidential, Ohio Physicians Health Program
5900 Roche Drive, Suite 440, Columbus, OH 43229*

THE OHIO PHYSICIANS HEALTH PROGRAM NEEDS YOUR HELP

The Ohio Physicians Health Program is a 501(c)(3) non-profit entity whose mission is "To facilitate the health and wellness of healthcare professionals in order to enhance public safety". We rely upon the generosity of professional colleagues and other supporters to continue this important work.

_____ Yes, I would like to become a supporter. Please accept my tax-deductible contribution of:

_____ \$1,000.00 _____ \$500.00 _____ \$250.00 _____ \$100.00 _____ \$50.00 Other: \$ _____

_____ I am enclosing a check

Make check payable to Ohio Physicians Health Program
Send to 5900 Roche Drive, Suite 440, Columbus, OH 43229

I am using my credit card: _____ VISA _____ Master Card

Name: _____

Organization: _____

Address: _____

_____ *Card Number*

_____ *Name on Card*

Expiration Date: *Month:* _____ *Year:* _____

3-Digit Number in Signature Block: _____

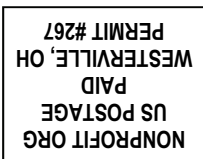
_____ *Signature*

City: _____

State: _____ Zip Code: _____

_____ *Yes, I would like my gift to remain anonymous.*

Donations can also be made on-line by visiting the OPHP website at www.ophp.org.



Ohio Physicians Health Program
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