

Following completion of treatment, all practitioners eligible for the One-Bite Program must enter into a continuing care agreement with a board approved **One-Bite Program continuing care provider** and continuing care should follow the below criteria:

1. Be for no less than six months.
2. Consist of weekly therapy led by a master's level or higher qualified behavioral health provider.
3. Be at least one hour in duration.
4. Require missed meetings to be made up.
5. Release practitioners from continuing care only if agreed upon by OPHP.
6. Provide status reports to OPHP monthly or as requested.
7. Report any instance of relapse during continuing care to OPHP and the medical board.
8. Provide to OPHP, quarterly, reports in accordance with 4731-16-21(F).

Please provide to OPHP within seven (7) business days following discharge written documentation of the following:

- Evaluation determination and treatment recommendations**
- Treatment Records**
- Discharge Summary**
- Continuing care agreement or confirmation of an appointment with a board approved One-Bite Program continuing care provider**
- Return to work determination made by the Medical Director**

The information referenced above can be emailed to info@ophp.org or faxed to (614) 469-9580.

For questions or additional information, please contact: (614) 841-9690.



One-Bite Program Treatment Providers

The Ohio General Assembly established a program that allows an eligible practitioner who is impaired due to a substance use disorder to avoid formal disciplinary action by the State Medical Board of Ohio (SMBO) by utilizing established confidential monitoring and treatment conditions as defined in Ohio Revised Code (ORC) 4731.251 and 4731.252- this is known as the One-Bite Program. The One-Bite Program is available for all individuals licensed by the SMBO.

The Ohio Physicians Health Program (OPHP) is approved by the State to serve as the monitoring organization responsible for determining whether a practitioner is eligible to participate in the One-Bite Program and for conducting the One-Bite Program. OPHP shall not disclose to the SMBO the name or any records relating to a participant under the One-Bite Program unless certain conditions exist and in accordance with ORC 4731.251(D).

As a Board approved [One-Bite Program treatment provider](#), please be aware of the following procedures and conditions that must be followed:

In order to comply with the terms of the One-Bite Program and to maintain eligibility, a practitioner must adhere to the following:

1. Notify OPHP that a potentially eligible practitioner has entered evaluation and/or treatment so OPHP can determine One-Bite eligibility.
2. Complete a 72-hour* comprehensive evaluation at a Board approved One-Bite Program treatment provider.
 - The Medical Director shall oversee the initial assessment and diagnosis, ongoing treatment process, including medications, treatment planning and discharge planning.

3. If a diagnosis of substance use disorder has been made and the licensee has been deemed eligible for the One-Bite Program by OPHP:
 - Individualized treatment plans must be established and may include: medical detoxification; inpatient or residential treatment; extended residential treatment; partial hospitalization, intensive outpatient treatment, or others as necessary.
 - Notify OPHP of the diagnosis determination and the proposed treatment plan.
 - Be able to provide extended residential care for patients who require continued treatment of substance use disorders.
 - Have a board-certified psychiatrist available to evaluate and provide treatment for co-occurring mental health conditions.
 - Group therapy must be supervised by a master's level or higher qualified behavioral healthcare provider.
 - Treatment shall include, at least once per week, group therapy with other patients who work in similar disciplines as the licensee or other professionals.
 - Treatment shall include education regarding the medical board's statutes, rules and policies.
 - Treatment shall include education and group therapy to assist the licensee to transition back to work.
4. Upon entry into treatment or diagnosis of a substance use disorder, instruct the practitioner to immediately suspend practice and not return to practice for at least thirty days. The practitioner must adhere to the following:

- Clearance to return to practice must be completed by both the treatment provider's Medical Director and OPHP's Medical Director.
 - OPHP will not complete a return to work evaluation until a determination has been made by the treatment provider's Medical Director.
5. Any failure to complete or comply with evaluation and/or treatment recommendations shall be reported to OPHP and the medical board.
 6. Relapse in continuing care must be reported to OPHP and the medical board.
 7. Each quarter, provide to OPHP and the medical board, reports regarding licensees seen for the One-Bite Program in accordance with 4731-16-20(E). Reports shall not contain any identifying information for the licensee participating in the One-Bite Program.



**Massage therapists and cosmetic therapists can complete an outpatient evaluation pursuant to 4731-16-05.*